

No cold feet 英国的南极探险者

Vocabulary: adventure 词汇: 探险

What would you **pack** for a six-month **trek** on the coldest continent in the world? **Bear in mind** that there'll be no shops around and no help from home.

That's the **challenge** the British **explorer** Sir Ranulph Fiennes faces as he prepares to lead a six-strong team on foot across Antarctica.

The **expedition** to start in March will cross areas where the temperature has fallen as low as -90C.



It'll be the 68-year-old **adventurer's** latest record attempt. Past **feats** have seen him go pole to pole and climb Everest as a **pensioner**. Guinness World Records describes him as the world's greatest living **explorer**.

According to the BBC's Matthew Price, the **expedition's** 200 tonnes of equipment will be dragged across 2,000 miles of some of the world's most **inhospitable** terrain by two special **bulldozers**. They'll be followed by 14 smaller **sledges** transporting fuel.

To make sure they'll stay on the surface of the ice shelf, two skiers will lead the way, **on the lookout** for **crevasses** using a small **radar system**.

To get Foreign Office permission to go to Antarctica the team had to prove they could be **self-sufficient**. In the Antarctic winter there's no way of being **rescued**.

"That means everything from vehicle spares down to a toothbrush," says Brian Newham, who's been organising **the gear** for the expedition. He's even been counting the number of sheets on a toilet roll.

"We're taking 165 rolls. That's one for all of us for every 2.25 days," he says.

And nothing **is left to chance**. Their luggage also includes 20 kg of dried egg, 7,300 tea bags, 230 kg of chocolate and 30 toothbrushes.

There's enough food to last a year including dried fruits, sports nutrition products, and dried foods like lasagne. They can't take tins with them as they'd freeze and burst.

And there'll be no empty suitcases on their return. Everything the **explorers** take with them will be removed from the ice at the end of the **expedition**, including the **human waste**.

词汇表请参看答案与词汇部分

Quiz 测验

阅读短文并回答问题。

1. Look at the article. What adventures has the British explorer had in the past?
2. What particular danger on the ice does the expedition have to be aware of as it advances?
3. Is the following statement true, false or not given? *The explorers are carrying more food than they need in case they get in trouble and have to wait to be saved.*
4. Look at the article. What word describes an area difficult to live in?
5. What word means equipment?

Exercise 练习

请你在不参考课文的情况下完成下列练习。从每个表格中选择一个意思合适的单词填入句子的空格处。

1. My professor has always read our essays carefully. He says he is on the _____ for exceptionally gifted students.

look-in	outlook	lookout	look-alike
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2. Mary has been busy planning her wedding. She wants it to be perfect and nothing is left to _____.

choice	chance	challenge	cheap
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3. _____ in mind that my brother is not very fit, he played quite well in yesterday's football match and even scored a goal!

bearing	packing	spearing	saving
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4. Winning an Oscar and a Golden Globe is no mean _____ for a young actor.

feast	feat	feet	fist
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5. All countries in the world need to trade goods with their neighbours. None is _____ sufficient.

auto-	own-	my-	self-
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Answers and Glossary 答案与词汇

Quiz 小测验

1. Look at the article. What adventures has the British explorer had in the past? He has travelled from one pole to the other and has climbed Everest.
2. What particular danger on the ice does the expedition have to be aware of as it advances? The existence of crevasses.
3. Is the following statement true, false or not given? *The explorers are carrying more food than they need in case they get in trouble and have to wait to be saved.* True.
4. Look at the article. What word describes an area difficult to live in? Inhospitable.
5. What word means equipment? Gear.

Exercise 练习

1. My professor has always read our essays carefully. He says he is on the lookout for exceptionally gifted students.
2. Mary has been busy planning her wedding. She wants it to be perfect and nothing is left to chance.
3. Bearing in mind that my brother is not very fit, he played quite well in yesterday's football match and even scored a goal!
4. Winning an Oscar and a Golden Globe is no mean feat for a young actor.
5. All countries in the world need to trade goods with their neighbours. None is self-sufficient.

Glossary 词汇表

to pack	打点行李
a trek	跋涉, 旅行
to bear in mind	记住
a challenge	挑战
the explorer	探险者
the expedition	远征, 探险
the adventurer	冒险者
a feat	功勋, 壮举
a pensioner	一个领养老金的人
inhospitable	不适于居住的
a bulldozer	推土机
a sledge	雪橇
on the lookout	寻找
a crevasse	一个裂缝
a radar system	一个雷达系统
self-sufficient	自给自足的
to rescue	营救
the gear	(专用) 一套装备
to be left to chance	侥幸, 碰运气
human waste	(人的) 粪便