



世界卫生组织说，越来越多人的身体状况将增加他们患脑溢血，癌症，心脏病的危险率。根据来自 194 个成员国的数据统计显示，世界各地的高血压病人正在普遍上升。以下是BBC 记着 Imogen Foulkes 的报道： .

More fat, more sugar, more salt, less exercise – more and more people around the world are suffering the consequences. Since 1980, the WHO's report reveals levels of obesity have doubled in every region of the world. Half a billion people, or 12 per cent of the global population, are now considered obese. One in three adults suffer from high blood pressure – a condition that causes half of all deaths from stroke and heart disease. And blood sugar levels are rising too – 10 per cent of the world's population is diabetic.

The WHO's report is not all bad news though: the statistics show that maternal mortality rates have fallen dramatically in the last 20 years, from over half a million in 1990 to less than 300,000 in 2010. And vaccination campaigns have significantly reduced deaths from childhood diseases such as measles.

But the global rise in deaths from heart disease, cancer and diabetes, and the rise in the conditions which lead to those deaths, is causing alarm. The WHO wants all its member states to tackle risk factors such as poor diet, and smoking, and set targets for reducing deaths.

Questions

1. Does the phrase 'suffering the consequences' have a positive or negative connotation?
2. What is the good news in the WHO's report?
3. True or False: vaccination campaigns have greatly reduced childhood deaths.
4. How serious is the problem relating to heart disease, cancer and diabetes?

Vocabulary 词汇

exercise	活动, 锻炼
the consequences	后果, 结果
obesity	肥胖
suffer from	承受 (病痛)
blood sugar levels	血糖指数
diabetic	糖尿病的
mortality rates	死亡率
vaccination	接种疫苗
risk factors	危险系数
set targets	设定目标

Questions and Answers:

1. Does the phrase 'suffering the consequences' have a positive or negative connotation?
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Answer: Negative.

2. What is the good news in the WHO's report?

Answer: Maternal mortality rates have fallen dramatically.

3. True or False: vaccination campaigns have greatly reduced childhood deaths.

Answer: True.

4. How serious is the problem relating to heart disease, cancer and diabetes?

Answer: Very serious/ alarming.